







Fun Fact!

The first Popsicle was invented in 1905 by accident! An 11 year old boy left a drink with a stick in it on his porch one night, and the next morning he found a frozen pop!



AUGUST Pinellas County High School Lunch Menu

Mon	Tue	Wed	Thu	Fri
<p>FRESH FLORIDA PRODUCE YOU CAN FIND DURING AUGUST:</p> <p>Avocado—Mango—Mushroom</p>	<p>1</p>  <p>Avocados</p>	<p>2</p>  <p>Mangoes</p>	<p>3</p>  <p>Mushrooms</p>	<p>4</p> 
<p>7</p>	<p>8</p>	<p>9</p>	<p>10</p> <p>Sausage Biscuit</p> <p>Choose One:</p> <p>BBQ Pork & Cheese Loaded Nachos Pizza Crunchers Assorted Entrée Salad & Cold Sandwich Choices</p> <p>Choose: Green Beans Seasoned Black Beans Side Salad</p>	<p>11</p> <p>Egg & Cheese Breakfast Taco</p> <p>Choose One:</p> <p>Chicken Broccoli Alfredo & Breadstick Potato-Crusted Fish Sticks w/ Hush Puppies & Corn Muffin Loaf Assorted Entrée Salad & Cold Sandwich Choices</p> <p>Choose: Broccoli ~ Corn Baby Carrots w/ Dip</p>
				
<p>14</p> <p>Maple Pancake Minis</p> <p>Choose One:</p> <p>Cheeseburger Meatloaf w/ Gravy & Roll Breaded /Spicy Chicken Sandwich Assorted Entrée Salad & Cold Sandwich Choices</p> <p>Choose: Green Beans Mashed Potatoes & Gravy Fresh Veggie Dippers</p>	<p>15</p> <p>Egg, Ham, Cheese English Muffin</p> <p>Choose One:</p> <p>Featured Item: Meatball Sub Chicken Drumstick w/ Hush Puppies Assorted Entrée Salad & Cold Sandwich Choices</p> <p>Choose: Baked Beans Oven Fries Romaine Side Salad</p>	<p>16</p> <p>Chicken Biscuit</p> <p>Choose One:</p> <p>Boneless Buffalo Chicken w/ Biscuit Mini Calzones Assorted Entrée Salad & Cold Sandwich Choices</p> <p>Choose: Marinara Cup Spinach or Collard Greens Sweet Potato Waffle Fries Sliced Cucumbers</p>	<p>17</p> <p>Cheesy Bacon Toast</p> <p>Choose One:</p> <p>Chicken & Waffle Philly Cheesesteak Hoagie Assorted Entrée Salad & Cold Sandwich Choices</p> <p>Choose: Seasoned Black Beans Corn Side Salad</p>	<p>18</p> <p>Pancake & Sausage Pup</p> <p>Choose One:</p> <p>Teriyaki Beef Dippers w/ Rice & Roll Cheesy Bread Assorted Entrée Salad & Cold Sandwich Choices</p> <p>Choose: Marinara Cup ~ Broccoli Vegetable Blend Baby Carrots w/ Dip</p>
<p>21</p> <p>Apple Cinnamon Texas Toast</p> <p>Choose One:</p> <p>Firecracker Chicken w/ Rice & Roll Cheeseburger or Hamburger Assorted Entrée Salad & Cold Sandwich Choices</p> <p>Choose: Broccoli ~ Tater Tots Fresh Veggie Dippers</p>	<p>22</p> <p>Scrambled Egg, Bacon, & Biscuit</p> <p>Choose One:</p> <p>Featured Item: Chicken Sliders Pepperoni Stromboli Assorted Entrée Salad & Cold Sandwich Choices</p> <p>Choose: Marinara Cup Baked Beans ~ Vegetable Blend Romaine Side Salad</p>	<p>23</p> <p>WG Glazed Dunker</p> <p>Choose One:</p> <p>Chicken Nuggets w/ Roll Spaghetti & Meatballs w/ Breadstick Assorted Entrée Salad & Cold Sandwich Choices</p> <p>Choose: Green Beans ~ Carrots Sliced Cucumbers</p>	<p>24</p> <p>Bacon, Egg & Cheese Pizza</p> <p>Choose One:</p> <p>Beef or Pork Tacos Max Sticks Assorted Entrée Salad & Cold Sandwich Choices</p> <p>Choose: Marinara Cup Corn ~ Refried Fiesta Beans Side Salad</p>	<p>25</p> <p>Morning Sausage Roll</p> <p>Choose One:</p> <p>Chicken Tenders w/ Onion Rings Basket Fish Tacos Assorted Entrée Salad & Cold Sandwich Choices</p> <p>Choose: Spinach or Collard Greens Seasoned Curly Fries ~ Coleslaw</p>
<p>28</p> <p>Blueberry Bash Mini Waffles</p> <p>Choose One:</p> <p>Kung Pao Chicken w/ Rice & Chow Mein Noodles Beef Rib-B-Q Sandwich Assorted Entrée Salad & Cold Sandwich Choices</p> <p>Choose: Deli Roasted Potatoes Edamame Blend Fresh Veggie Dippers</p>	<p>29</p> <p>Egg & Cheese Croissant</p> <p>Choose One:</p> <p>Featured Item: Sloppy Joes & Oven Fries Plate Corn Dog Basket w/ Onion Rings Assorted Entrée Salad & Cold Sandwich Choices</p> <p>Choose: Baked Beans ~ Sliced Carrots Romaine Side Salad</p>	<p>30</p> <p>Cinnamon Roll</p> <p>Choose One:</p> <p>Roasted Chicken w/ Roll Bacon Cheeseburger Assorted Entrée Salad & Cold Sandwich Choices</p> <p>Choose: Spinach or Collard Greens Mashed Potatoes & Gravy Sliced Cucumbers</p>	<p>31</p> <p>Sausage Biscuit</p> <p>Choose One:</p> <p>BBQ Pork & Cheese Loaded Nachos Pizza Crunchers Assorted Entrée Salad & Cold Sandwich Choices</p> <p>Choose: Green Beans ~ Seasoned Black Beans Side Salad</p>	<div style="border: 2px solid black; padding: 5px;"> <p>Visit nutrilslice.com for Menu & Nutrition Information, & to download the app on your mobile device!</p>  </div>

DAILY BREAKFAST CHOICES

Hot or cold breakfast choices are available daily, i.e.: Breakfast Sandwich, Pancakes, Cereal & Toast, or Cereal Bar & Toast. **Must choose at least 1:** Fruit or Juice. **May choose 1:** Milk Skim, Low Fat White, or Fat Free Chocolate

DAILY LUNCH CHOICES:

Choose 1: Entrée. **Must choose at least 1:** Fruit or Vegetable (may choose up to 2 servings each of fruits & veggies with their lunch meal) **May Choose: 1 Milk;** Skim, Low Fat White, or Fat-Free Chocolate

Available for lunch daily: Meat or Meatless Entrée, Entrée Salads, Cold Sandwiches, Hot & Cold Vegetable choices, Variety of Fruits (fresh or cupped) & Juices

All menus are subject to change! We do our best to provide our customers with all of our planned options; however, sometimes crops, weather & availability have other ideas!

7/19/2017

In accordance with Federal Law and USDA policy, Pinellas County Schools Food Service is prohibited from discrimination on the basis of race, color, national origin, sex, age or disability. Not all prohibited bases apply to all programs. To file a complaint, write: USDA, Director Office of Civil Rights, Room 326-W, Whitten Building, 1400 Independence Av., Washington D.C. 20250-9410; or call (202) 720-5964 (voice or TDD). USDA is an equal opportunity provider/employer.